U.S. NUTRITION INFORMATION

2,000 calories a day is used for general nutrition advice, but calorie needs vary.	Serving Size (g)	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)*	Chol. (mg)	Sodium (mg)	Carbohydrate(g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein(g)	Vitamin A % DV	Vitamin C % DV	Calcium % DV	Iron % DV
SANDWICHES																
6" Subway® Series Sandwiches	Double values for footlong nutrition information (one footlong=two 6" servings)															
Deli Heroes																
#15 Titan Turkey	251	500	23	7	0	65	1330	42	2	5	3	31	20	6	15	2
#17 Garlic Roast Beef	247	490	21	8	0	65	1210	45	2	6	5	30	20	6	20	10
#30 The Beast	317	740	44	14	1	115	2090	47	3	7	5	40	20	15	20	10
#99 Homerun Ham	251	510	24	8	0	65	1350	45	2	6	4	28	20	6	15	6
Cheesesteaks																
#1 The Philly	192	510	25	9	1	85	1320	43	2	5	3	28	10	6	8	6
#2 The Outlaw®	198	490	22	9	0	90	1240	42	2	4	6	31	8	15	20	6
#31 Cheesy Garlic Steak	199	510	23	6	0	70	1190	49	3	5	4	26	2	30	2	8
Italianos																
#6 The Boss	268	690	38	16	1	85	1860	56	4	7	5	33	20	20	25	10
#18 Ultimate B.M.T.®	240	560	30	12	1	75	1580	45	3	6	4	27	20	15	20	6
#23 Hotshot Italiano	238	630	38	14	1	85	1760	45	3	5	3	27	20	20	20	8
Chicken																
#16 All-Pro Sweet Onion Teriyaki	256	430	11	5	0	70	1250	55	4	20	16	29	20	10	10	4
#20 Elite Chicken & Bacon Ranch	262	580	29	10	0	105	1230	44	3	5	4	35	25	8	4	6
#21 Honey Mustard BBQ Chicken	272	510	20	8	0	85	1350	53	3	13	11	30	25	8	4	6
#22 Spicy Nacho Chicken	203	440	17	4	0	65	1280	49	3	5	3	24	6	35	2	4
Clubs																
#10 All-American Club®	242	540	28	10	1	75	1520	45	3	6	4	27	20	8	10	4
#11 Subway Club®	263	500	24	8	1	75	1520	43	4	8	5	31	20	6	10	8
6" Build Your Own Sandwiches	Double values for footlong nutrition information (one footlong=two 6" servings)															
6" Black Forest Ham	219	280	5	1	0	30	850	42	4	7	5	19	30	15	2	6
6" Buffalo Chicken (with Grilled Chicken)	254	390	12	3	0	55	1390	44	3	5	3	25	25	10	2	4
6" Cold Cut Combo®	219	330	10	3	0	45	1010	43	3	5	3	17	15	15	4	6
6" Grilled Chicken	233	300	5	1	0	50	570	40	4	6	4	26	30	20	2	4
6" Meatball Marinara	211	460	20	8	0	40	1130	52	4	7	4	20	10	15	6	8
6" Oven Roasted Turkey	219	270	4	1	0	25	810	40	4	6	4	20	30	15	2	2
6" Roast Beef	233	310	6	2	0	40	780	42	4	7	5	24	30	15	2	10
6" Rotisserie-Style Chicken	233	310	6	2	0	50	750	40	4	6	4	24	30	15	2	4
6" Steak (Includes American Cheese)	167	370	10	5	0	65	1050	42	2	4	3	26	6	6	4	6
6" Tuna	229	480	25	5	0	40	700	42	3	5	3	20	15	15	2	4
6" Veggie Delite®	162	220	3	1	0	0	360	40	4	6	4	10	30	15	2	2
6" Limited Time Offer/Regional Subs**	Double values for footlong nutrition information (one footlong=two 6" servings)															
6" Big Hot Pastrami**	219	510	27	9	0	80	1810	43	2	5	2	28	8	0	6	15
6" B.L.T.**	157	370	15	5	0	35	730	42	2	5	4	18	10	6	2	4
6" Oven Roasted Turkey and Ham**	219	280	4	1	0	25	830	41	4	7	4	20	30	15	2	4
6" Pizza Sub**	171	470	24	11	1	60	1510	46	3	6	3	19	15	25	10	6
6" Veggie Patty**	247	390	12	2	0	0	680	57	12	8	4	16	30	15	2	2
Kids' Mini Sub	Values include mini mulitgrain bread and all the fresh vegetables															
Veggie Delite®	108	140	2	0	0	0	240	27	3	4	2	6	20	10	0	2
Black Forest Ham	137	180	3	1	0	15	480	28	3	4	3	11	20	10	2	2
Oven Roasted Turkey	137	170	3	0	0	15	470	27	3	4	3	12	20	10	0	2
WRAPS																
Subway® Series Wraps	Values include wrap, select fresh vegetables and footlong meat portion															
#42 Homestyle Chicken Salad	323	670	36	7	0	105	1250	53	3	6	3	35	30	10	4	25
#45 Honey Mustard Chicken	337	650	27	9	0	135	1530	57	3	8	6	46	25	8	6	25
#40 Turkey, Bacon & Avocado (with Smashed Avocado)	374	820	44	13	1	120	2090	59	6	8	5	48	25	8	6	20
#40 Turkey, Bacon & Avocado (with Sliced Avocado)	367	790	41	13	1	120	1970	58	5	8	5	48	25	10	6	25
Make any Build Your Own Sandwich into a Wrap	Values include wrap, select fresh vegetables and footlong meat portion															
Black Forest Ham	295	430	9	2	0	55	1430	57	3	8	5	29	30	15	4	25
Buffalo Chicken (with Grilled Chicken)	344	540	17	4	0	110	1660	55	3	7	3	43	30	15	6	25
Cold Cut Combo®	302	520	21	5	0	95	1680	54	3	6	3	28	15	15	10	25
Grilled Chicken	323	460	9	2	0	100	860	53	3	7	3	42	30	20	4	25
Meatball Marinara	369	790	41	15	0	75	1900	75	7	12	7	33	20	25	15	30
Oven Roasted Turkey	295	410	8	2	1	55	1350	53	4	6	3	31	30	15	4	20
Roast Beef	323	480	11	3	0	75	1290	57	3	9	6	38	30	15	4	35
Rotisserie-Style Chicken	323	490	13	3	0	105	1240	53	4	6	3	39	30	15	4	25
Steak (Includes American Cheese)	257	560	18	7	1	120	1550	54	3	6	4	44	6	6	8	30
Tuna	323	800	51	9	1	80	1070	52	3	6	3	34	15	15	4	25
Veggie Delite®	273	310	6	1	0	0	460	56	4	7	2	11	60	30	6	20
Make any Sandwich into a Wrap Limited Time Offer/Regional Wrap	Values include wrap, select fresh vegetables and footlong meat portion															
Big Hot Pastrami **	351	850	50	15	0	150	2780	55	3	7	2	47	15	0	10	50
B.L.T. **	206	610	31	10	0	70	1130	53	3	7	5	29	10	8	6	25
Oven Roasted Turkey & Ham **	295	420	8	2	0	55	1390	55	3	7	4	30	30	15	4	20
Pizza Sub **	226	710	41	16	1	100	2150	58	3	7	3	27	15	35	15	25
Veggie Patty **	351	640	23	3	0	0	1080	86	19	10	2	22	30	15	4	20
SALADS																
Make any Sandwich into a Salad	Values include lettuce, spinach, tomatoes, onions, green peppers, cucumbers and olives. Values do not include dressing unless noted.															
Black Forest Ham	344	120	3	1	0	30	570	12	4	6	1	13	70	35	4	10
Buffalo Chicken (with Grilled Chicken)	414	300	19	4	0	65	1180	13	5	7	1	20	80	40	6	15
Cold Cut Combo®	351	160	9	2	0	45	700	10	4	5	0	12	70	35	8	15
Grilled Chicken	358	130	3	1	0	50	280	10	4	5	0	19	70	40	6	10
Meatball Marinara	426	300	19	7	0	35	790	23	6	9	2	15	80	50	10	15
Oven Roasted Turkey	344	110	3	0	0	25	530	10	4	5	0	14	70	35	4	8
Roast Beef	358	150	4	1	0	40	500	12	4	6	2	17	70	35	6	20
Rotisserie-Style Chicken	358	150	5	2	0	50	470	10	4	5	0	18	70	35	6	10
Steak (Includes American Cheese)	370	210	9	4	0	65	740	12	4	6	1	22	70	35	10	15
Tuna	362	310	24	4	0	40	390	10	4	5	0	15	70	35	4	10
Veggie Delite®	287	50	1	0	0	0	75	9	4	5	0	3	70	35	4	8

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	Serving Size (g)	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)*	Chol. (mg)	Sodium (mg)	Carbohydrate(g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein(g)	Vitamin A % DV	Vitamin C % DV	Calcium % DV	Iron % DV
Make any Sandwich into a Salad Limited Time Offer/Regional	Values include lettuce, spinach, tomatoes, onions, green peppers, cucumbers and olives. Values do not include dressing unless noted															
Big Hot Pastrami**	450	370	26	8	0	80	1670	14	5	7	0	24	80	35	10	25
B.L.T.**	317	210	14	5	0	35	420	11	4	6	1	13	70	35	6	10
Oven Roasted Turkey & Ham**	344	110	3	1	0	25	550	11	4	5	1	13	70	35	4	10
Pizza Sub**	374	310	23	10	1	60	1200	16	5	8	1	14	80	50	15	15
Veggie Patty**	372	220	10	1	0	0	390	26	12	7	0	9	70	35	4	8
Protein Bowls																
Make any Footlong a Protein Bowl	Values include footlong meat portion, lettuce, spinach, tomatoes, onions, green peppers, cucumbers and olives. Values do not include dressing or cheese unless noted															
Black Forest Ham	302	170	5	2	0	55	1050	12	3	6	2	21	60	30	4	10
Buffalo Chicken (with Grilled Chicken)	414	380	21	4	0	115	2080	13	4	7	1	36	90	40	6	15
Cold Cut Combo®	316	260	16	4	0	95	1310	9	3	5	1	20	60	30	10	15
Grilled Chicken	330	200	4	2	0	100	480	9	3	5	0	35	60	40	4	10
Meatball Marinara	469	560	37	14	0	75	1560	34	8	13	4	27	80	60	15	20
Oven Roasted Turkey	302	150	4	1	1	50	970	8	3	5	1	23	60	30	4	6
Roast Beef	330	230	7	2	0	75	920	12	3	7	4	30	60	30	4	25
Rotisserie-Style Chicken	325	220	8	3	0	105	810	8	3	4	0	31	60	30	4	10
Steak (Includes American Cheese)	358	380	19	9	1	140	1150	12	4	5	2	42	70	30	20	20
Tuna	337	550	47	8	1	75	690	8	3	4	0	26	60	30	4	10
Make any Footlong a Protein Bowl Limited Time Offer/Regional	Values include footlong meat portion, lettuce, spinach, tomatoes, onions, green peppers, cucumbers and olives. Values do not include dressing or cheese unless noted															
Big Hot Pastrami**	490	680	52	18	0	165	2670	15	5	7	0	45	80	30	25	40
B.L.T.**	248	360	26	9	0	65	760	10	3	6	3	22	60	35	6	10
Oven Roasted Turkey & Ham**	302	160	4	1	0	55	1010	10	3	6	2	22	60	30	4	8
Pizza Sub**	372	610	48	22	1	135	1830	18	5	8	2	30	90	60	40	15
Veggie Patty**	358	380	19	2	0	0	700	41	19	8	0	14	60	30	4	6
BREAKFAST & PIZZA & SLIDERS																
Egg Patty on 6" Flatbread **	Values include 6" flatbread, regular egg and American cheese. Double values for footlong nutrition information (one footlong=two 6" servings)															
6" Black Forest Ham, Egg & Cheese Flatbread	170	400	22	6	0	265	900	28	1	3	2	21	8	0	8	15
6" Egg & Cheese Flatbread	141	360	21	6	0	250	650	27	1	2	1	16	8	0	8	15
6" Bacon, Egg & Cheese Flatbread	156	440	27	8	0	270	820	28	1	3	2	21	8	0	8	15
6" Steak, Egg & Cheese Flatbread	184	430	23	7	0	285	920	28	1	3	2	26	8	0	8	20
Egg Patty on 6" Artisan Italian **	Values include 6" Artisan Italian, regular egg and American cheese. Double values for footlong nutrition information (one footlong=two 6" servings)															
6" Black Forest Ham, Egg & Cheese	195	460	21	7	0	265	1060	43	2	4	3	24	8	0	8	8
6" Egg & Cheese	167	430	20	6	0	250	810	42	2	3	2	19	8	0	8	6
6" Bacon, Egg & Cheese	182	510	27	9	0	270	990	42	2	4	3	24	8	0	8	8
6" Steak, Egg & Cheese	209	500	23	7	0	285	1080	43	2	4	3	29	8	0	8	10
Egg Patty on Wrap **																
Black Forest Ham, Egg & Cheese	328	750	40	10	0	520	1580	56	2	6	4	40	10	0	15	30
Egg & Cheese	271	690	38	10	0	495	1090	54	2	5	2	31	10	0	15	30
Bacon, Egg & Cheese	301	850	51	14	0	525	1430	55	2	6	4	41	10	0	15	35
Steak, Egg & Cheese	342	800	43	12	1	550	1540	56	2	5	3	47	10	0	15	35
8" Pizza**																
Cheese	293	700	22	9	1	50	1370	95	4	8	3	29	30	8	40	35
Bacon**	308	780	28	12	1	65	1540	96	4	9	3	34	30	10	40	35
Meatball**	330	810	31	13	1	70	1590	98	5	8	3	35	30	8	40	35
Pepperoni	311	780	29	12	1	70	1660	96	5	8	3	33	30	15	40	35
Sliders																
Ham & Jack (includes Pepper Jack Cheese)**	71	160	4	2	0	20	550	21	<1	2	2	10	0	0	4	2
Italian Spice (includes American Cheese and MVP Parmesan Vinaigrette®)**	72	250	15	5	0	30	740	21	<1	2	2	9	2	6	4	2
Little Cheesesteak (includes American Cheese and Baja Chipotle Sauce)**	71	180	7	3	0	20	450	21	1	2	2	8	2	4	2	2
Turkey (includes Pepper Jack Cheese and Mayonnaise)**	81	210	9	3	0	25	520	20	<1	2	0	11	8	2	6	0
BREADS & INGREDIENTS																
Breads	Double values for footlong nutrition information (one footlong=two 6" servings)															
New Flatbread	45	140	3	0	0	0	220	24	<1	2	1	4	0	0	2	8
6" Artisan Italian Bread	71	210	2	1	0	0	380	39	1	3	2	8	0	0	0	0
6" Hearty Multigrain Bread	71	200	3	0	0	0	350	36	3	4	4	9	0	0	0	0
6" Honey Oat Bread	75	210	3	1	0	0	350	39	3	5	4	9	0	0	0	0
6" Italian Herbs & Cheese Bread	82	250	5	2	0	10	580	42	2	3	2	10	4	0	0	2
6" Jalapeño Cheddar Bread**	82	240	5	2	0	5	500	39	2	3	2	9	4	2	0	0
New Wrap	90	280	5	1	0	0	440	49	2	3	2	9	0	0	2	15
Mini Artisan Italian Bread	47	140	2	1	0	0	250	26	<1	2	2	5	0	0	0	0
Mini Hearty Multigrain Bread	47	130	2	0	0	0	230	24	2	2	2	6	0	0	0	0
Sandwich Condiments and Toppings	Amount on 6" sandwich or Wrap. Double values for footlong nutrition information (one footlong=two 6" servings). Double sauce values for salad dressing portion															
Baja Chipotle	14	70	7	1	0	5	125	1	0	1	0	0	0	0	0	0
BBQ	14	25	0	0	0	0	115	6	0	5	5	0	0	0	0	0
Creamy Sriracha	14	40	4	1	0	5	240	2	0	1	0	0	4	2	0	0
Frank's RedHot® Buffalo Sauce	14	5	0	0	0	0	350	1	0	0	0	0	6	0	0	0
Giardiniera**	28	80	9	2	0	0	340	1	0	1	0	0	0	0	0	0
Honey Mustard	14	60	5	1	0	5	125	3	0	3	3	0	0	0	0	0
Mayonnaise	14	100	11	2	0	10	65	0	0	0	0	0	0	0	0	0
Mustard, Yellow	14	10	1	0	0	0	170	1	0	0	0	0	0	0	0	2
MVP Parmesan Vinaigrette®	14	60	6	1	0	0	150	1	0	1	1	0	0	0	0	0
Oil	5	45	5	0	0	0	0	0	0	0	0	0	0	0	0	0
Oil & Vinegar	9	45	5	0	0	0	0	0	0	0	0	0	0	0	0	0
Peppercorn Ranch	14	80	8	2	0	5	100	1	0	1	0	0	0	0	0	0
Red Wine Vinegar	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Roasted Garlic Aioli	14	80	9	2	0	5	150	1	0	1	0	0	0	0	0	0
Subkrunch™	11	70	5	0	0	0	45	6	0	0	0	1	0	0	0	0
Sweet Onion Teriyaki	14	30	0	0	0	0	130	7	0	6	6	0	0	0	0	0
Seasonings and Spices	Amount on 6" sandiwch or wrap															
Pepper, Black	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Oregano**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Salt	0	0	0	0	0	0	160	0	0	0	0	0	0	0	0	0
Vegetables	Amount on 6" sandiwch or wrap															
Avocado, Sliced **	28	45	4	1	0	0	0	2	2	0	0	1	2	4	0	0
Avocado, Smashed **	35	70	6	1	0	0	130	3	2	0	0	1	0	0	0	0
Banana Peppers (3 rings)	4	0	0	0	0	0	65	0	0	0	0	0	0	6	0	0
Cucumbers (3 slices)	14	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
Green Chiles**	14	5	0	0	0	0	95	1	<1	0	0	0	0	0	0	0

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Green Peppers (3 strips)	7	0	0	0	0	0	0	0	0	0	0	0	0	6	0	0
Jalapeno Peppers (3 rings)	4	0	0	0	0	0	70	0	0	0	0	0	0	2	0	0
Lettuce	21	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0
Olives, Black (3 rings)	3	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0
Onions	7	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
Pickles, Crinkle (3 chips)	12	0	0	0	0	0	160	0	0	0	0	0	0	0	0	0
Spinach, Baby	7	0	0	0	0	0	5	0	0	0	0	0	15	2	0	2
Tomatoes (3 wheels)	35	5	0	0	0	0	0	1	0	1	0	0	10	6	0	0
Cheese	Amount on 6" sandiwch or wrap															
American	11	40	4	2	0	10	210	1	0	0	0	2	4	0	4	0
Cheddar Cheese Sauce	18	30	3	2	0	5	150	1	0	1	0	1	2	25	0	0
BelGioioso® Fresh Mozzarella	17	40	3	2	0	10	55	0	0	0	0	3	0	0	5	0
Monterey Cheddar, Shredded	14	50	5	3	0	15	85	1	0	0	0	3	6	0	0	0
Parmesan Grated	1	5	0	0	0	0	25	0	0	0	0	1	0	0	2	0
Pepper Jack	14	50	4	3	0	15	140	0	0	0	1	3	4	4	10	0
Provolone	14	50	4	2	0	10	125	0	0	0	0	4	4	0	8	0
Individual Proteins	Amount on 6" sub or salad, double values for footlong or wrap															
All-American Club Meats (Ham, Turkey, Bacon)	72	140	8	3	0	45	650	2	0	1	1	15	0	0	0	2
Bacon (2 strips)	15	80	6	3	0	15	170	1	0	1	1	5	0	0	0	2
Black Forest Ham	57	70	2	1	0	30	490	2	0	1	1	10	0	0	0	2
Capicola (3 slices)	22	35	2	1	0	15	240	1	0	1	1	4	0	0	0	0
Chicken Salad	149	380	31	6	0	105	800	1	0	1	1	25	0	0	0	4
Cold Cut Combo® Meats	64	110	8	1	0	45	620	1	0	1	0	9	0	0	4	4
Egg Patty	85	180	15	4	0	240	220	2	0	0	0	10	4	0	2	6
Genoa Salami (3 slices*)	18	70	6	3	0	20	260	1	0	0	0	3	0	4	0	2
Grilled Chicken	71	80	2	2	0	50	210	1	0	1	0	16	2	4	0	2
Grilled Chicken, Buffalo	99	90	2	1	0	50	900	2	0	1	0	17	15	4	0	4
Grilled Chicken, Sweet Onion Teriyaki Glazed	85	110	2	1	0	50	350	9	0	8	7	16	0	4	0	2
Meatballs	139	250	18	7	0	35	720	13	2	5	2	12	10	15	4	8
Oven Roasted Turkey	57	60	2	1	0	25	450	0	0	0	0	11	0	0	0	0
Pastrami**	57	130	10	3	0	35	470	1	0	1	0	9	2	0	0	8
Pepperoni, (3 slices)	18	80	7	3	0	20	290	1	0	0	0	3	0	4	0	2
Roast Beef	71	90	3	1	0	40	420	2	0	2	2	14	0	0	0	8
Rotisserie-Style Chicken	71	90	4	1	0	50	400	0	0	0	0	15	0	0	0	2
Steak (no cheese)	71	110	5	2	0	55	450	2	0	1	1	17	0	0	0	6
Subway Club® Meats (Turkey, Ham, Roast Beef)	92	110	3	1	0	45	690	3	0	2	2	17	0	0	0	6
Tuna	74	250	23	2	0	40	310	0	0	0	0	12	0	0	0	2
Veggie Patty**	85	170	9	1	0	0	320	17	8	2	0	6	0	0	0	0
DESSERTS & SIDES																
Cookies & Desserts																
Chocolate Chip Cookie	45	210	10	5.0	0	10	120	30	<1	18	18	2	0	0	0	10
Double Chocolate Cookie	45	210	9	5.0	0	15	125	29	1	20	19	2	0	0	2	10
Oatmeal Raisin Cookie	45	200	8	4.0	0	15	110	30	1	16	10	3	0	0	2	6
Raspberry Cheesecake Cookie	45	210	9	5.0	0	15	115	29	0	16	15	2	0	0	2	6
White Chip Macadamia Nut Cookie	45	210	10	5	0	15	125	28	<1	17	17	2	0	0	2	6
Applesauce**	90	70	0	0	0	0	0	16	3	13	0	0	0	0	0	2
Hash Browns**	108	190	9	3	0	0	600	24	3	1	0	3	0	0	2	60
Muffin, Apple Cinnamon**	113	450	24	4	0	60	370	53	2	31	0	6	0	8	6	10
Muffin, Blueberry Crumb**	113	410	17	4	0	40	440	59	2	33	0	5	0	0	4	10
Muffin, Double Chocolate**	113	550	31	8	0	65	420	61	3	41	0	6	0	0	6	20
Sidekicks																
Churro, Footlong	55	190	9	4	0	15	135	28	0	8	8	1	0	0	2	2
Cookie, Chocolate Chip	285	1330	61	32	1	95	690	181	8	101	100	14	0	0	4	50
Pretzel, Footlong	108	330	10	4	0	15	1330	53	7	9	8	10	2	4	2	15
Dippers																
Chicken & Cheese	148	400	13	5	0	45	960	51	2	4	2	21	8	2	10	20
Double Cheese	141	470	21	10	1	50	1030	52	2	4	2	19	20	0	15	20
Pepperoni & Cheese	136	470	22	9	0	50	1250	51	2	4	2	17	8	6	10	20
Soup** (8 oz. bowl)																
Broccoli Cheddar**	227	200	13	8	0	45	960	16	<1	7	0	9	20	15	20	2
Chicken Noodle**	227	70	3	1	0	15	1160	6	<1	1	0	7	15	2	2	0
Loaded Baked Potato with Bacon**	227	200	14	7	0	45	910	17	1	4	0	9	10	15	10	2

A Registered Dietitian compiled this nutrition information from the following data: Nutrition analysis from approved food manufacturers, independent laboratories and the USDA Nutrient Database for Standard Reference. The nutrition information listed here is based on standard recipes and product formulations, however slight variations may occur due to season of the year, use of an alternate supplier, region of the country and/or small differences in product assembly. Nutrition information for these items are based on the most common formulas and ingredients.

*Number of salami slces varies by build.

**At participating locations.

[1] The gluten-free bread is manufactured in a gluten-free facility. However, other menu items and ingredients in our restaurants contain gluten and are prepared on shared equipment, so we cannot guarantee that our menu items are 100% gluten-free.